

COVID-19 POLICY / PROCEDURES



WHEN YOU BOOK...

- You should ensure that the contact details you provide when you book are accurate and full, as these will be used to contact you in the event of a confirmed case within our classes. Please ensure to inform us by [email](#) of any changes to your details.

BEFORE YOU SET OFF...

- You must not attend our classes if you display symptoms of Coronavirus or have tested positive. Please follow NHS and government guidance and if required, get yourself tested. We recommend utilising the free twice-weekly rapid Covid tests available from testing sites, pharmacies and in the post. If you receive a positive test, you must inform us by [email](#).
- So that you're ready to go, we ask that your little one arrives in sports kit ready to train.

WHEN YOU GET HERE...

- Please wear a mask when inside the building, unless or exempt or when exercising (if taking it off when active, please pop it back on as soon as you're able)
- You're welcome to wait inside Reception - a coach will greet you and your little one when they're ready for you to come into Studio 2.
- There will be hand sanitizer available for you at the entrance to Avian Dance Studios and at the entrance to Studio 2, where our classes take place.
- Please be mindful of others and give people space

SPECTATORS...

- Reception will reopen to spectators / those waiting whilst their children take part in class.
- If you choose to use Reception, please be advised:
 - o We'd ask you to bring as few people with you as possible
 - o We cannot guarantee social distancing
 - o We ask you to stay seated as much as possible
 - o We encourage you to wash hands regularly
 - o A QR code is available should you wish to use it to sign into the Test and Trace app

WHAT WE'RE DOING TO KEEP YOU SAFE

- We've completed a full risk assessment of our activities which we will continue to review. You can access this at any time on our [website](#).
- Coaches may physically support gymnasts within class and will wear a mask when in close contact. They may take it off at other times within the class if reasonably necessary e.g. demonstrating skills and joining in activity.
- We will disinfect our large equipment and all hand apparatus at least twice a day.
- Coaches have had 2 vaccinations. They will regularly take a Lateral Flow Covid test and will isolate appropriately in the event of a positive test.

QUESTIONS AND FURTHER INFO....

If you have any questions about our Covid Policy, please [contact Erin Madden](#); Jolly Gymnastics' designated Covid Officer.

LAST UPDATED:
1.1.22